SHADY SIDE

## A C A D E M Y

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
|  | 2 <br> French Toast <br> Hash Brown Patties Apple Slices <br> SNACK: Yogurt Cup | Pierogis <br> Sliced Cucumbers Rice Pilaf SNACK: Scooby Snack | 4 <br> Chicken Nuggets <br> Steamed Rice Broccoli \& Ranch <br> SNACK: Hummus with Pita Vegetarian: "Chic"ken | 5 <br> Cheese Pizza <br> Risotto <br> Baby Carrots with Hummus <br> SNACK: Strawberries |
| 8 <br> Cheese Tortellini with Marinara <br> Garlic Bread Grape Tomatoes <br> SNACK: Grapes | SNACK: Carrots with Hummus Vegetarian: Lentil Taco | Grilled Chicken <br> Macaroni \& Cheese Pineapple <br> SNACK: Celery and Ranch Vegetarian: "Chic"ken | Chicken Philly Sandwich <br> Onion Rings Cuties <br> SNACK: Pretzels Vegetarian: "Chic"ken Philly | 12 GRILLED CHEESE DAY Grilled Cheese Au gratin Potato Pears <br> SNACK: Strawberry Nutri Grain Bar |
| 15 <br> Hot Dog Sliders <br> Cucumber Slices Sweet Potato Fries <br> SNACK: Yogurt Cup Vegetarian: Veggie Dog | 16 <br> Fired Chicken Sandwich <br> Tater Tots <br> Pineapple <br> SNACK: Cheez-it <br> Vegetarian: "Chic"ken Sandwich | Pot Roast $\square$ <br> Mashed Potatoes Bananas <br> SNACK: Cube Cheese Vegetarian: Beyond Burger | 18 <br> Cheese Pizza <br> Candied Carrots Strawberries <br> SNACK: Bug Bites | 19 <br> "PAW"sta Marinara <br> Garlic Bread Carrots \& Ranch <br> SNACK: Apple Smiles |
| 22 <br> Chicken Tenders <br> Roasted Potatoes Grape Tomatoes <br> SNACK: Pears <br> Vegetarian: "Chic"ken Tenders |  |  | $25$ <br> Grilled Pizza Cheese <br> Noodles Cantaloupe <br> SNACK: Belvita Biscuits | 26 <br> Cheese Pizza <br> Couscous Peaches SNACK: Popcorn |

